



Saturday Spring Frostbite Series

Montrose Harbor, Chicago, IL

March 28– May 10, 2026

Sailing Instructions

1 ORGANIZING AUTHORITY

1.1 Chicago Corinthian Yacht Club is the Organizing Authority for this event.

2 RULES

2.1 The series will be governed by the rules as defined in *The Racing Rules of Sailing for 2025-2028*.

2.2 The following US Sailing prescriptions will not apply: 60, 63.2, and 63.4.

2.3 Appendix V1 and T is in effect.

2.4 The Rhodes19 fleet shall sail with jib and main only.

2.5 In the event of a conflict, these sailing instructions shall supersede all previously posted notices.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on racing.corinthian.org.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board or announced by loudhailer on the water prior to the warning signal of each race.

5 ELIGIBILITY AND ENTRY

5.1 The series is open to all boats of the Laser, Rhodes 19, Vanguard 15, and Melges 15 sailboats.

5.2 An eligible boat may enter by submitting the online entry form together with the appropriate fee at racing.corinthian.org.

6 SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed from the CCYC flagstaff.

6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes'. This changes race signal AP.

7 SCHEDULE

7.1 All competitors shall register on racing.corinthian.org prior to the day's racing events.

7.2 The scheduled time of the first warning signal for all classes is 1000 each race day and there will be no warning signal after 1200.

8 RACING AREA

8.1 The racing area for all fleets will be in the open waters of Lake Michigan east, northeast or southeast of the entrance of Montrose Harbor or, at the discretion of the race committee, in the waters of Montrose Harbor.

9 PENALTY SYSTEM

9.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

10 PROTESTS AND REQUESTS FOR REDRESS

10.1 Routine movement of autonomous marks will not be grounds for redress. This includes minor readjustments, marks returning to station after having been pushed away by a competitor, and collisions with marks that are not actively marks of the course presuming these collisions do not cause damage. This changes RRS 60.1(b).

11 COACHING

11.1 The organizing authority may provide on the water coaching during the racing.

11.2 Only for the purposes of instruction 14.1, rule 41 will not apply.

12 SCORING

12.1 Nine completed races constitute a series.

12.2 Once a series has been completed, each boat may exclude her worst scores, one race for every 5 sailed, rounding up, for the entire series.

13 BERTHING

13.1 Competitors for this event are encouraged to contact Westrec Marina (Montrose Harbor) for berthing instructions:

[\(https://www.chicagoharbors.info/harbors/montrose/\)](https://www.chicagoharbors.info/harbors/montrose/)

14 SAFETY REGULATIONS

14.1 U.S. Coast Guard approved PFDs shall be worn properly secured from the time a boat leaves the dock until she returns to the dock. This changes the Part 4 preamble and rule 40.

14.2 Unless equipped with an engine, all boats shall have an attached bow line conforming to its class rules. If a class does not have such a rule, the line must be at least 30 feet in length, 1/4 inch in diameter, and properly attached at all times.

14.3 Boats equipped with daggerboards shall tether them to the boat.

14.4 Competitors shall not leave Montrose Harbor until the signal boat is on the water.

14.5 When races are sailed in Montrose Harbor a boat shall not leave Montrose Harbor unless there is no more racing for the day or the boat has withdrawn from racing for the day.

14.6 A boat that withdraws from a race shall promptly notify the race committee.

15 CLEANLINESS

15.1 CCYC is an all-volunteer club, as such all participants and guests are required to clean up any spaces occupied on club grounds and leave them as they found them.

14 PRIZES

Series prizes will be awarded for the top finishers in the Laser fleet, the number of prizes will depend on number of participants.

15 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The Organizing

Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

16 **PHOTOGRAPHY AND VIDEO RIGHTS**

Competitors give absolute right and permission for any photographs or video footage taken of themselves or their competing boat to be published in any media whatsoever for editorial, commercial purposes, or to be used in press information.

17 **FURTHER INFORMATION**

CCYC Laser Frostbite Chair
Andrea Budano
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COURSE

Course Diagram for 4 legs, if RC determines to only sail 2 legs they will hail the competitors

Start at the leeward line.

- Upwind to Mark 1, leave it to port.
 - Downwind to the starting pin
- Upwind again to Mark 1 for the second lap.
 - Finish at the windward finish line,

